

## INSTRUCTIONS MANUAL

### FEATURES

- Time Telling Mode (Hours, Minutes, Seconds, Month, Date, and Day of the Week)
- (2) 24 Hour Alarms
- Hourly Chime: One 'Beep' sound every full Hour
- Chronograph: Hours, Minutes, Seconds, and 1/100 of a Second with Lap Operation
- Countdown Timer
- World Time
- Daylight Savings Time
- 12/24 Hour (Military Time)
- Water Resistant as indicated on the watch
- INSTALITE - Electro Luminescent Display

### SELECTING FEATURES

1. Time Telling Mode displays Hours, Minutes, Seconds, Month, Date, and Day of the Week.
2. From Time Telling Mode, press '**B**' once. Chronograph Mode appears. Press '**B**' five times to return to Time Telling Mode.
3. From Time Telling Mode, press '**B**' twice. Timer Mode appears. Press '**B**' four times to return to Time Telling Mode.
4. From Time Telling Mode, press '**B**' three times. World Time Mode appears. Press '**B**' three times to return to Time Telling Mode.
5. From Time Telling Mode, press '**B**' four times. Alarm One (A1) Mode appears. Press '**B**' twice to return to Time Telling Mode.
6. From Time Telling Mode, press '**B**' five times. Alarm Two (A2) Mode appears. Press '**B**' once to return to Time Telling Mode.

### SETTING THE TIME AND CALENDAR

#### Analog

1. Pull the Crown, '**E**', out. The second hand stops. Rotate the Crown in either direction until the desired time is obtained.

Push the Crown back in to re-engage time keeping.

#### Digital

1. From Time Telling Mode, press and hold '**A**'. The City Code flashes. Press '**C**' to select the City Code.
2. Press '**B**'. Daylight Savings Time flashes. Press '**C**' to activate or deactivate Daylight Savings Time.

*NOTE: The Daylight Savings Time symbol appears when the Daylight Savings Time is in effect.*

3. Press '**B**'. Seconds flash. Press '**C**' to zero out the Seconds.

*NOTE: Zeroing out 30 or more seconds automatically adds one minute to time.*

4. Press '**B**'. Hours flash. Press '**C**' to advance the Hours.

*NOTE: When 12 Hour Format is selected, 'P' indicates 'p.m.' times; there is no indicator for 'a.m.' times.*

5. Press '**B**'. Minutes flash. Press '**C**' to advance the Minutes.

*NOTE: Pressing and holding 'C' will advance digits rapidly.*

6. Press '**B**'. The Year flashes. Press '**C**' to advance the Year.
7. Press '**B**'. Months flash. Press '**C**' to advance the Month.
8. Press '**B**'. The Date flashes. Press '**C**' to advance the Date.
9. Press '**B**'. 12/24 Hour Time Format flashes. Press '**C**' to select either 12 Hour Time or 24 Hour (Military) Time.

*NOTE: '12' indicates 12 Hour Format; '24' indicates 24 Hour (Military Time).*

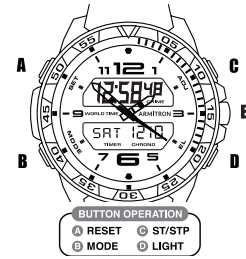
10. Press '**A**' to end sequence and return to Time Telling Mode.

### STOPWATCH

1. From Time Telling Mode, press '**B**' once to enter the Stopwatch Mode.
2. Press '**C**' to start timing.
3. Press '**C**' again to stop timing.
4. Press '**A**' to reset to zero.
5. Press '**B**' to return to Time Telling Mode.

### SPLIT TIME

1. While in the Stopwatch Mode, press '**C**' to start timing
2. Press '**A**' to measure and display Split Times.
3. Press '**C**' to stop timing at the end of the event.
4. Press '**A**' to reveal the final Split Time.
5. Press '**A**' again to reset to zero.
6. Press '**B**' to return to Time Telling Mode.



### ACTIVATING ALARM + HOURLY CHIME

1. While in Alarm One (A1) Mode, press '**C**' to activate Alarm One. The Alarm Symbol appears to indicate Alarm One will sound at the preset Alarm Time.
2. Press '**C**' again to activate both Alarm One and the Hourly Chime. The Hourly Chime Symbol appears to indicate the Hourly Chime will sound every hour on the hour.
3. Press '**C**' again to deactivate Alarm One.
4. Press '**C**' again to deactivate the Hourly Chime.
5. Press '**B**' to return to Time Telling Mode.
6. While in Alarm Two (A2) Mode, press '**C**' to activate Alarm Two. The Alarm Symbol appears to indicate Alarm Two will sound at the preset Alarm Time.
7. Press '**C**' again to deactivate Alarm Two.
8. Press '**B**' to return to Time Telling Mode.

*NOTE: When an Alarm is activated, the selected Alarm will sound at the preset Alarm Time for 20 seconds or until any button is pressed. When the Hourly Chime is activated, the Hourly Chime will sound with one "Beep" every hour on the hour.*

### WORLD TIME

1. From Time Telling Mode, press '**B**' three times to enter the World Time Mode.
2. Press '**C**' to select the desired city. Based on the set time, the Hour is automatically adjusted to display the local time in the newly selected city.

*NOTE: One of 35 major cities may be selected: (PPG) Samoa, (HNL) Honolulu, (ANC) Anchorage, (LAX) Los Angeles, (DEN) Denver, (CHI) Chicago, (NYC) New York, (CCS) Caracas, (RIO) Rio de Janeiro, (RAI) Praia, (GMT) Greenwich, (LON) London, (PAR) Paris, (BER) Berlin, (ATH) Athens, (CAI) Cairo, (JRS) Jerusalem, (JED) Jeddah, (MOW) Moscow, (THR) Tehran, (DXB) Dubai, (KBL) Kabul, (KHI) Karachi, (DEL) Delhi, (DAC) Dacca, (RGN) Yangon, (BKK) Bangkok, (HKG) Hong Kong, (BJS) Beijing, (SEL) Seoul, (TYO) Tokyo, (ADL) Adelaide, (SYD) Sydney, (NOU) Noumea, (WLG) Wellington.*

3. Press '**B**' to return to Time Telling Mode.

### COUNTDOWN TIMER

1. From Time Telling Mode, press '**B**' twice to enter the Timer Mode.
2. Press and hold '**A**'. Hours flash. Press '**C**' to adjust the Hour.
3. Press '**B**'. Minutes flash. Press '**C**' to adjust the Minutes.
4. Press '**B**'. Seconds flash. Press '**C**' to adjust the Seconds.
5. When the Countdown Timer is set, press '**A**' to end set sequence and return to Timer Mode.
6. Press '**C**' to start the Countdown Timer.
7. If desired, press '**C**' again to stop the Countdown Timer.

Press '**C**' again to resume the Countdown Timer.

*NOTE: The Countdown timing will continue in any mode until 'C' is pressed. During the last 10 seconds of the countdown, the alarm will beep once per second. When the Timer has expired, the alarm will sound for about 10 seconds or until any button is pressed. If no button is pressed, the Timer will count up for 5 minutes.*

8. Press '**C**' to stop the Timer.

9. Press '**B**' to return to Time Telling Mode.

### EL LIGHT FEATURE

Press '**D**' in any mode to illuminate the watch face. The backlight will remain lit for 3 seconds.

*NOTE: Excessive use of the light will shorten battery life.*

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### SETTING THE 24 HOUR ALARMS

1. From Time Telling Mode, press '**B**' four times to enter the Alarm One (A1) Mode or five times to enter the Alarm Two (A2) Mode.
2. Press and hold '**A**'. Alarm Hours flash. Press '**C**' to advance the Alarm Hours.
3. Press '**B**'. Alarm Minutes flash. Press '**C**' to advance the Alarm Minutes.
4. Press '**A**' to end sequence.
5. Press '**B**' to return to Time Telling Mode.

### CHANGING THE BATTERY

Change the battery when the watch becomes slow, the readout darkens or does not appear, or the backlight fails. Before removing the old battery, be sure to denote its polarity so that the new battery is installed in exactly the same way. Replace with the same kind or equivalent only. This watch contains precise electronic components and should only be opened by a qualified watch technician. However, it is not necessary to return your watch to the manufacturer for battery replacement. It is recommended that you bring your timepiece to a local jeweler.

### WATER RESISTANCE

This is a **WATER RESISTANT** watch. Do not operate push buttons below the surface of the water. Should water or condensation appear in the watch, immediately have the watch checked. Water can corrode electronic parts inside the case.

**USE OUR NATIONWIDE SERVICE CENTERS. YOU CANNOT RETURN WATCH FOR SERVICE WHERE IT WAS PURCHASED.**

If your watch requires cleaning, lubrication, battery changing, or needs a crystal replaced, Armitron Adventure approved Service Centers are available in your area. These repair facilities use Armitron Adventure parts and components to assure quality and future performance. Free estimates are available in advance, should you need servicing or repairs not covered under the warranty. Repairs covered under the warranty may require proof of purchase, so retain the purchase receipt.

### RETURN YOUR WATCH FOR SERVICING

Please call **(718) 482-4195** for a listing of all approved and authorized service centers and locations, or visit our website at:

**WWW.ARMITRON.COM**

YOUR WATCH SHOULD NOT BE RETURNED TO THE PLACE OF PURCHASE. Carefully pack your watch in a sturdy box (do not send in a gift box for same will not be returned) and mail to the nearest approved authorized service station. Because of possible loss, we recommend that you insure the watch, return receipt requested, when using the mail. If you do not receive a receipt within a reasonable time, start a tracer through the originating post office. Never include a special watch band or any other article of personal value in your shipment.